

**The Vice Chancellor for Faculty Development,
Dr. M. Maral Mouradian presents:**

RBHS Faculty Development Annual Symposium

SKILLS FOR BETTER NAVIGATING THE WAVES OF CHANGE



JUNE 20th, 2023

11:00AM – 1:00PM



Frank A. Ghinassi, PhD, ABPP
President and CEO
Rutgers Health University Behavioral
Health Care (UBHC)



Stephanie Marcello, PhD
Assistant Vice President, Academics,
Innovation & Integration
Rutgers University Behavioral Health Care
(UBHC)

LEARNING OBJECTIVES

- Will better understanding nature of organizational change.
- Will improve likelihood of differentiating among when we have direct control vs influence vs no control nor influence.
- Learning the value of mindfulness and radical acceptance.
- Learn to use cognitive behavioral therapy constructs to shift perception around change as aversive blocking of our plans, compared to the use of change waves as propulsion.

VIRTUAL EVENT

Register here: <https://forms.office.com/r/et5C3k6TKE>



For information regarding this event please email the
Vice Chancellor for Faculty Development office at vcfd@rbhs.rutgers.edu